








Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Wedges 	All Day Chicken Sausage Breakfast served with Baked Omelette, Country Diced Potatoes & Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes	Creamy Korma Style Chicken & Lentil Curry served with Mixed Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Creamy Vegetable Penne Pasta Carbonara And Garlic Bread 	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Vegemince & Vegetable Pie (Ve) served with Mashed Potato 	Cauliflower Cheese & Pasta Bake 	Cheese Flan Served with Chips & Tomato Ketchup
Sandwiches	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich
Jacket Potato with a choice of filling.	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve)& Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish















Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Wedges 	Summer Hot Dog Roll served with Freshly Made Coleslaw Salad 	Roast Chicken served with Skin on Roast Potatoes & Yorkshire puddings & Gravy 	Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup 
Vegetarian Main Meal Option 2	Macaroni Cheese with Garlic Bread 	Summer Veggie hotdog, served with Freshly Made Coleslaw Salad 	Vege mince Cottage Pie (V) With Yorkshire puddings 	Vegetable Enchiladas (V) Served with a portion of Sunny Vegetable Rice 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup 
Sandwiches	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich
Jacket Potato with a choice of filling	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade Shortbread Biscuits (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Wholemeal Cheese & Tomato Pizza served with Wholemeal Garlic Bread 	Farm Assured Pork Sausage Roll with Homemade Skin on Baked Potato Wedges	Gently cooked Chicken Casserole with Yorkshire puddings	Korean Style Sticky BBQ Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Veggie Lasagne With Garlic Bread	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Savoury Vegetable Mince & Gravy served with a Yorkshire Pudding & Skin on Roast Potatoes	Korean Style Sticky BBQ Quorn, Vegetables & Noodles 	Homemade Cheese & Tomato Pizza Whirl & Chips
Sandwiches	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich	Ham, Cheese or Tuna Sandwich
Jacket Potato with a choice of filling	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna	Jacket potato with Cheese, Beans or Tuna
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Blueberry Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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